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CBSE Sample Paper Class 11 Home Science 2022-23

Subject: Home Science Class: 11 Maximum Marks: 70 Duration: 3 hours

Section A: Multiple Choice Questions (20 marks)

1. Which of the following is a major nutrient required by the body? a) Oxygen b) Water c) Calcium
2. Which of the following is an example of a textile fiber? a) Cotton b) Wood c) Glass
3. Which of the following is a primary method of food preservation? a) Freezing b) Grilling c) Boiling
4. Which of the following is an example of a non-renewable resource? a) Solar energy b) Wind energy c) Coal

Section B: Short Answer Questions (30 marks)

5. Explain the concept of balanced diet and its importance for maintaining good health.
6. Discuss the role of clothing in personal hygiene and protection.
7. What are the factors to consider when planning a nutritious meal for a pregnant woman?
8. Explain the term "sustainable development" and its significance in the field of Home Science.

Section C: Long Answer Questions (20 marks)

9. Describe the steps involved in the preservation of food using the canning method.
10. Discuss the importance of effective communication in maintaining healthy family relationships.



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11. Explain the principles and techniques of interior decoration.

Section D: Practical Work (20 marks)

12. Perform any two practical experiments from the prescribed practical manual and record your observations and findings.

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