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CBSE Sample Paper Class 12 Home Science 2019-20

Subject: Home Science Class: 12 Maximum Marks: 80 Duration: 3 hours

Section A: Multiple Choice Questions (20 marks)

1. Which of the following is an example of a non-renewable resource? a) Solar energy b) Wind energy c) Coal

2. What is the recommended serving size for a balanced meal? a) As much as you want b) Half a plate c) A full plate

3. Which of the following is a skill-based career in Home Science? a) Nutritionist b) Fashion designer c) Doctor

4. What is the purpose of conducting a food analysis? a) To determine nutritional value b) To evaluate taste c) To check expiry dates

Section B: Short Answer Questions (30 marks)

5. Explain the concept of meal planning and its importance in maintaining a healthy diet.

6. Discuss the factors to consider when selecting fabrics for home furnishings.

7. Explain the steps involved in conducting a market survey for a new food product.

8. Discuss the importance of effective communication in maintaining healthy relationships.

Section C: Long Answer Questions (30 marks)

9. Discuss the role of Home Science in promoting sustainable living practices.

10. Explain the steps involved in the process of garment construction.

11. Discuss the importance of budgeting and financial management in running a household.

12. Describe the factors to consider when designing an ergonomic and functional kitchen.