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CBSE Sample Paper Class 12 Home Science 2020-21

Subject: Home Science Class: 12 Maximum Marks: 80 Duration: 3 hours

Section A: Multiple Choice Questions (20 marks)

1. Which of the following is an example of a staple food? a) Chocolate b) Rice c) Ice cream
2. Which of the following is an example of an essential nutrient for the body? a) Salt b) Sugar c) Carbonated drinks
3. Which of the following fabrics is most suitable for making curtains? a) Silk b) Polyester c) Denim
4. Which of the following is a characteristic of an effective communication skill? a) Interrupting others while speaking b) Active listening c) Using complex vocabulary

Section B: Short Answer Questions (30 marks)

5. Explain the concept of balanced diet and its importance for maintaining good health.
6. Discuss the various factors to consider while planning a functional and aesthetically pleasing interior design for a home.
7. Describe the steps involved in the process of meal planning for a family.
8. Explain the concept of time management and its significance in maintaining work-life balance.
9. Discuss the importance of effective communication in maintaining healthy relationships within a family.

Section C: Long Answer Questions (30 marks)



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10. Discuss the role of Home Science in promoting sustainable development and environmental conservation.
11. Explain the various methods of fabric care and maintenance for different types of fabrics.
12. Discuss the impact of technology on the field of Home Science and its role in enhancing daily life.
13. Describe the importance of financial planning and budgeting for managing household expenses effectively.

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